



## Participation

### RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

In consideration of participating at Elite Athletics Inc., I represent that I understand the nature of this activity and that I am qualified, in good health, and in proper physical condition to participate in such activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity. I fully understand that the activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below, and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the activity. I hereby release, discharge, and covenant not to sue Elite Athletics Inc., its respective administrators, directors, agents, officers, volunteers and employees, other participants, any sponsors, advertisers, and if applicable, owner's and lessors of premises on which the activity takes place (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses or damages, on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save and hold harmless each of the Releasees from any loss, liability, damage, or cost, which may occur as the result of such claim. I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance notwithstanding, shall continue in full force and effect.

PARENTAL CONSENT AND I, the minor's parent and/or guardian, understand the nature of above-referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby Release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasee may incur as the result of any such claim.

Here at Elite Athletics Inc. we all need to do our part to help keep the students, their teammates, and our staff and coaches as safe as possible. Please read and sign the form below to acknowledge you understand and agree to the following policies and procedures.

I UNDERSTAND AND AGREE THAT:

- Parents will not be allowed on the gym floor during practice.
- All participants must enter through main entrance.
- Coaches may wear masks, girls are not required to.
- All participants must bring their own labeled water bottle.
- Anyone entering the gym must immediately sanitize their hands when entering the building.
- If your child or anyone in their family is coughing, has a temperature, or is experiencing any Covid-19 symptoms, please keep your children at home.

Please understand that the coaches, staff, and everyone in the gym will make a strong effort to maintain social distancing but that there will be times when contact will take place. By signing, you are acknowledging that you are aware that spotting is an essential part of training in order to keep them safe and to prevent injury. Please note that by sending your child to the gym to train, you understand that it is completely voluntary and that the staff will do everything they can to keep your children as safe as possible but we will not be held liable for any risks brought by Covid-19.

Participant: \_\_\_\_\_ DOB: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email \_\_\_\_\_ Phone: \_\_\_\_\_